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## Spay/Neuter Recovery

1. **Please keep your pet quiet for the next 5 – 7 days.** Limit rough play.
2. **Food & Water.** Please wait one hour after arriving home before offering your pet any food or water. If he/she appears fully alert, offer him/her several tablespoons of water. Wait an hour after offering the water; if s/he does not cough or show any difficulty swallowing, you can offer him/her small amounts of good.
  - If you are concerned that s/he is not alert enough, please hold off on feeding him/her until the following day – by then, s/he will be able to return to his/her normal feeding schedule
3. **Please keep an eye on your pet's general mood, appetite, and activity.**
4. **Check the incision site daily.** You should do this to make sure the sutures are still in place. Take note of any heat, swelling, redness, or discharge. Please contact the hospital if you have any concerns.
5. **Collar.** It is recommended that you keep a collar on your pet – especially when you are not home, sleeping, or otherwise unable to supervise. This should prevent him/her from traumatizing the incision site.
6. **Microchip.** If you requested that your pet get micro-chipped, s/he will have been implanted while under for his/her surgery.
7. **Pain Medication.** Occasionally this medication may cause vomiting and/or diarrhea. If you see any of these symptoms, discontinue the medication and contact the practice.
  - It is not necessary to continue with this medication if your pet seems comfortable.

Please call us if you have any questions or concerns about your pet and the surgery.

Sincerely,

East Side Animal Hospital

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